

Begin Again: A Fresh Start with Christ
February 15, 2026
Franklin Heights Church
Rocky Mount Campus

Text: Mark 6:30-44 (ESV)

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The apostles returned to Jesus and told him all that they had done and taught.

1. A fresh start begins when you bring your _____ to Jesus.

Mark 6:31-34 (ESV)

And he said to them, "Come away by yourselves to a desolate place and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a desolate place by themselves. Now many saw them going and recognized them, and they ran there on foot from all the towns and got there ahead of them. When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd. And he began to teach them many things.

Matthew 11:28 (ESV)

Come to me, all who labor and are heavy laden, and I will give you rest.

John 10:11 (ESV)

I am the good shepherd. The good shepherd lays down his life for the sheep.

Luke 19:10 (ESV)

For the Son of Man came to seek and to save the lost."

Romans 5:8 (ESV)

but God shows his love for us in that while we were still sinners, Christ died for us.

2. A fresh start happens when you offer Jesus the _____ you have.

Mark 6:35-38 (ESV)

And when it grew late, his disciples came to him and said, "This is a desolate place, and the hour is now late. Send them away to go into the surrounding countryside and villages and buy themselves something to eat." But he answered them, "You give them something to eat." And they said to him, "Shall we go and buy two hundred denarii worth of bread and give it to them

to eat?" And he said to them, "How many loaves do you have? Go and see." And when they had found out, they said, "Five, and two fish."

2 Corinthians 4:7 (ESV)

But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us.

2 Corinthians 12:9 (ESV)

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."

3. A fresh start multiplies when you trust Jesus with the _____.

Mark 6:39 (ESV)

Then he commanded them all to sit down in groups on the green grass.

Psalms 23:1 (ESV)

The LORD is my shepherd; I shall not want. He makes me lie down in green pastures.

Mark 6:40 (ESV)

So they sat down in groups, by hundreds and by fifties.

Mark 6:41-44 (ESV)

And taking the five loaves and the two fish he looked up to heaven and said a blessing and broke the loaves and gave them to the disciples to set before the people. And he divided the two fish among them all. And they all ate and were satisfied. And they took up twelve baskets full of broken pieces and of the fish. And those who ate the loaves were five thousand men.