

Begin Again: A Fresh Start in Christ
January 4, 2026
Franklin Heights Church
Rocky Mount-CrossPointe-Union Hall-Recovery Church-Español

Text: Mark 1:21-28 (ESV)

1. Jesus is the best foundation because His _____ can be _____.

Mark 1:21 (ESV)

And they went into Capernaum, and immediately on the Sabbath he entered the synagogue and was teaching.

Mark 1:22 (ESV)

And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes.

Mark 1:27 (ESV)

And they were all amazed, so that they questioned among themselves, saying, “What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him.”

2. Jesus is the best foundation because He _____ the real _____ in my life.

Mark 1:23 (ESV)

And immediately there was in their synagogue a man with an unclean spirit. And he cried out,

Mark 1:23-24 (ESV)

And immediately there was in their synagogue a man with an unclean spirit. And he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God.”

1 John 3:8 (ESV)

Whoever makes a practice of sinning is of the devil, for the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the works of the devil.

3. Jesus Is the best foundation because He has _____ to set you _____.

Mark 1:25-27 (ESV)

But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying out with a loud voice, came out of him. And they were all amazed, so

that they questioned among themselves, saying, “What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him.”