

Overwhelmed
Franklin Heights Church
November 17, 2024

Rocky Mount-CrossPointe-Union Hall-Recovery Church-Español-Ferrum College

Text: 1 Kings 19:1-8 (ESV)

Job 7:6-7 (ESV)

My days are swifter than a weaver's shuttle and come to their end without hope. "Remember that my life is a breath; my eye will never again see good.

1. In your discouragement remember the _____ of God.

1 Kings 19:1-2 (ESV)

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow."

1 Kings 19:3 (ESV)

Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there.

2. In your discouragement replace _____ with the _____.

1 Kings 19:4 (ESV)

But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O LORD, take away my life, for I am no better than my fathers."

1 Kings 19:5-7 (ESV)

And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, "Arise and eat." And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. And the angel of the LORD came again a second time and touched him and said, "Arise and eat, for the journey is too great for you."

Proverbs 30:1 (ESV)

The man declares, I am weary, O God; I am weary, O God, and worn out.

1 Kings 19:8-9 (ESV)

And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God. There he came to a cave and lodged in it. And behold, the word of the LORD came to him, and he said to him, "What are you doing here, Elijah?"

1 Kings 19:11-12 (ESV)

And he said, "Go out and stand on the mount before the LORD." And behold, the LORD passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the LORD, but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. And after the earthquake a fire, but the LORD was not in the fire. And after the fire the sound of a low whisper.

1 Kings 19:3 (ESV)

Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there.

1 Kings 19:9-10 (ESV)

There he came to a cave and lodged in it. And behold, the word of the LORD came to him, and he said to him, "What are you doing here, Elijah?" He said, "I have been very jealous for the LORD, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

3. In your discouragement trust in the _____ of the Lord.

1 Kings 19:15-19 (ESV)

And the LORD said to him, "Go, return on your way to the wilderness of Damascus. And when you arrive, you shall anoint Hazael to be king over Syria. And Jehu the son of Nimshi you shall anoint to be king over Israel, and Elisha the son of Shaphat of Abel-meholah you shall anoint to be prophet in your place. And the one who escapes from the sword of Hazael shall Jehu put to death, and the one who escapes from the sword of Jehu shall Elisha put to death. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Luke 9:33-35 (ESV)

And as the men were parting from him, Peter said to Jesus, "Master, it is good that we are here. Let us make three tents, one for you and one for Moses and one for Elijah"—not knowing what he said. As he was saying these things, a cloud came and overshadowed them, and they were afraid as they entered the cloud. And a voice came out of the cloud, saying, "This is my Son, my Chosen One; listen to him!"