April, 2020 Volume 20 Issue 4 Franklin Heights Church 110 Hilltop Drive, Rocky Mt. VA 24151 483-9507



"THE JOY OF REBIRTH"

DUE TO THE
CORONAVIRUS, ALL
ACTIVITIES ARE STILL
CANCELLED AT FHC
CAMPUSES FOR
APRIL INCLUDING
OUR LUNCHEON
SCHEDULED FOR
APRIL 28TH.

"The very first Easter was not in a crowded worship space with singing and praising.

On the very first Easter, the disciples were locked in their house.

It was dangerous for them to come out. They were afraid. They wanted to believe the news they heard from the women – that Jesus had risen – but it seemed too good to be true.

They were living in a time of such despair and such fear. If they left their homes, their lives and the lives of their loved ones might be at risk.

Could a miracle really have happened? Could life

J.O.Y.CLUB

God Bless Our Troops and God Bless America

really have won over death? Could this time of terror and fear really be coming to an end?

Alone in their homes they dared to believe that hope was possible and that the long night was over and morning had broken.

They believed that God's love was the most powerful of all, even though it didn't seem quite real yet.

Eventually they were able to leave their homes when the fear and danger had subsided. They went around celebrating and spreading the good news that Jesus had risen and that love was the most powerful force on the earth.

This year, we experienced a taste of what that first Easter was like, still in our homes daring to believe that hope is on the horizon.

Then, after a while, when it is safe for all people, when it is the most loving choice, we will come out.

We will gather together, singing and shouting the good news that God brings life even out of death and that love always has the final say!

This year we might get the closest taste we have had yet to what the first Easter was like." Author J. D. Wilson

EXTRA COPIES OF OUR NEWSLETTERS ARE LOCATED IN THE CAFE AREA, IN THE HALLWAY BEFORE THE KITCHEN.

UPCOMING EVENTS WHEN WE ARE BACK ON SCHEDULE

Get CONNECTED. Join a group and become part of us. A list of the Connect Groups are available.

You feel more a part of our worship if you are in one of our Connect Groups.

Wednesday 5:00-6:00 P.M. Children & Student Choir practice.

6:00 – 7:00 P.M. Orchestra, 6:45 – 8:30 P.M. Adult Choir Practice. If you have been thinking about getting involved in our Worship Choir or Orchestra, now is the perfect time for you to come and check us out. Call Pastor Rob at 483-9507 for more information.

Media Ministry: Audio, Video, Lighting – Anyone with interest or computer savvy, Contact Pastor Rob.

Wednesdays 7:00 P.M. Prayer Meeting – Room 706

SENIOR PRAYER LIST

Clay Altice, Nina Bowles, Jim Cornog, Linda Smithers, Hazel & Jerry Dalton, Pat Grisetti, Mitch & Diane Holt and their family, Karen Haskins, Jewell Hunt, Angie Johnson, Ray Prillaman, Harold Thomasson, Don Whitley, Rebecca Wilson, our Schools, Police and First Responders, Military, Pastors, Church Staff, our Children, Grandchildren and Great Grandchildren, President Donald Trump, Congress, the Supreme Court and America

HAPPY BIRTHDAY

Carolyn Blanchard 14th,
Becky Brown 27th, Carolyn
Ciccarello 3rd, Carlton
Dixon 6th, Faye Ferguson
20th, Jim Haynes 2nd, Betty
C. Hunley 22nd, Barbara
Lees 22nd, Chuck Livsey
30th, Don Lowers 20th,
Larry McCarty 4th, Dea
McClure 17th, Bobby Moyer
13th, Norma Palmore 3rd,
Barbara Renick 15th, Larry
Robertson 3rd, Pat Rolley
21st, Rhonda Roush 26th,
Martha Smith 24th, Cecilia
Talbott 9th, Donna Thomas
11th, Jean Wray 24th

TRUTHS FROM PASTOR DR. STAN'S SERMON SUNDAY

March 29th Sent

The closer you are to God, the easier it is to trust Him.

Everybody puts their trust in something.

Remember Who God is! Remember What God can do!

Remember who you are! April 5th Rescue Four Miracles of the Cross: Darkness covered the earth

The Curtain was torn. The Earth quaked. The Tomb opened. April 12th Rescue

You have been Qualified for special privileges.

You have been Rescued from the darkness.

You have been Transferred to a certain hope.

BIBLE TRIVIA

In Ancient Israel, how did men close a deal?

Look for the answer.

BUMPER STICKER

Admit it life would be boring without me!



J.O.Y.CLUB 2020 TRIPS

Wohlfahrt Haus

Friday, August 7th Cost \$50.00 per person. Payment due by July 1st.

"Mission Sending Service & Tour, Richmond, VA"

Thursday, September 3rd. Cost \$25.00 per person, Payment due by August 15th

Sight and Sound Theatre "Queen Esther"

Monday-Wednesday, October 19th - 21st Cost \$300.00 per person, many activities included.

"A Country Christmas" Wohlfahrt Haus

Friday, November 13th, Cost is \$50.00 per person.
Payment due by October 15th.
Contact Brenda McManaway for information and to sign up for trips. Call 540-580-3838 or brendamc@shentel.net.
Please sign up early and make

checks payable to Franklin Heights Church by date listed under the trips you desire to take. Drop off at the church office or mail to: Brenda McManaway 5531 Bethlehem Road Boones Mill, VA 24065



WISDOM FROM GRANDPA

Show me a man who walks with his head held high, and I'll show you a man who hasn't gotten used to his bifocals.



GRANDMA'S WORDS OF WISDOM

Eat what you like and let the food fight it out inside!

FOODS WE SHOULD EAT:

Butternut squash, it's orange hue means it's high in beta-carotene, an antioxidant that is converted to

vitamin A in the body.

Vitamin A helps to maintain vision and decreases the risk of macular degeneration.

It is also high in vitamin C. When eaten with ironrich foods, Vitamin C enhances the body's absorption of iron, thereby reducing your risk of anemia.

THANK GOD FOR SENIOR MOMENTS!

They serve as a good excuse to not recognize people you don't care to talk to...

Ruth 4:7 by exchanging sandals

SOMETHING THAT IS
SCARIER THAN
CORONAVIRUS
FROM JANUARY 1ST –
MARCH 23RD, 2020

9,913,702 – Deaths by Abortion

2,382,324 – Deaths by Hunger

1,909,804 - Deaths by Cancer

1,162,481 – Deaths by Smoking

581,599 - Deaths by Alcohol

390,908 – Deaths by HIV/AIDS

313,908 - Deaths by Traffic Accidents

249,904 – Deaths by Suicides

228,095 - Deaths by Malaria

113,034 – Deaths by Seasonal Flu

21,297 – Deaths by Coronavirus

Source: www.worldometers.info

MORE TOILET PAPER JOKES

A roll of toilet paper will not get you to heaven. That is not what they meant by when the roll is called up yonder.



QUARANTINE

I am now three weeks into self-isolation and it's really upsetting me to witness my wife standing at the living room window gazing aimlessly into space, with tears running down her cheeks.

It breaks my heart to see her like this and I've thought very hard of how I can cheer her up.

I've even considered letting her come in, but rules are rules.

DUE TO SOCIAL DISTANCING I WILL NOT SHAKE HANDS OR HUG YOU MAY KNEEL OR BOW TO ME EITHER WILL BE FINE

LOCKDOWN!

Just be careful because people are going crazy from being in Lockdown! Actually, I've just been talking about this with the Microwave and Toaster while having my coffee and we all agree things are getting very bad!

I didn't mention anything to the Washing Machine as she puts a different spin on everything.

Certainly not to the Fridge as he is acting cold and frozen. In the end the Iron straightens me out and she said, "everything will be fine, no situation is too pressing."

The Vacuum was very unsympathetic...told me to just suck it up, but the Fan was more optimistic and hoped it would soon blow over.

The Toilet looked a bit flushed when I asked its opinion and didn't say anything, but the Doorknob told me to get a grip.

The Front Door said I was unhinged and so the Curtains told me...yes you guessed it...pull yourself together! Author unknown



Hormel made their first batch of SPAM in 1937. The company has just announced that due to hoarding by consumers, they are going to make a second batch.

FINALLY...THE BLONDE JOKE TO END ALL BLONDE JOKES!

A blonde woman was speeding down the road in her little red sports car and was pulled over by a woman police officer, who was also a blonde.

The Blonde cop asked to see the blonde's drivers license. She dug through her purse and was getting progressively more agitated.

"What does it look like?" she finally asked. The policewoman replied, "It's square and it has your picture on it."

The driver finally found a square mirror in her purse, looked at it and handed it to the policewoman. "Here it is," she said.

The blonde officer looked at the mirror, then handed it back saying, "OK, you can go. I didn't realize you were a cop...

RIGHT SIZE

Motivational speakers say it and we may say it to our children and grandchildren: "Dream Big!"

We know that big dreams can drive the action, commitment and perseverance necessary to make them come true. At a certain life stage, however, we begin to evaluate our dreams in the light of experience and reality, maturity and wisdom.

Perhaps our values have shifted – what we thought was necessary for happiness at 20 years of age may not be our understanding at 40, 50, or 60.

Maybe we are discovering hidden talents and abilities and they are taking us in a direction we could never have conceived of earlier in life.

Often unforeseen events and opportunities invite us to dream new dreams, dreams that give our lives meaning and purpose.

There comes a time when we're ready to right-size our dreams and expectations. Far from a loss, it's a gain in contentment, acceptance, satisfaction and fulfillment.

We trade what we can't do for what we can do-for what we are doing, because we've grown to experience the grace, beauty and privilege of being who we are and where we are at this moment.

Welcome dreams-big ones and little ones alike... but follow the ones that are exactly the right size for you.

BUGGY EXPERIENCE

A troop of kids from the city were on their first camping trip.

By evening, the mosquitoes were out in full force and the boys had to huddle under blankets to avoid being bitten

Then one of the kids saw a swarm of lightning bugs and said to his friend, "We might as well give up. They're coming after us with flashlights now"

At our age, we can hide our own Easter Eggs, wait half an hour, and have no clue where we left them.

TIME OFF

One Sunday a minister decided to play hooky from church. He called his assistant to fill in for him and then set out for the lake and spent a glorious morning fishing.

St. Peter looked down from heaven and shook his head. "you're not going to let him get by with this, are you, God?"

"Absolutely not," the Lord said.

At that moment, the minister pulled up the catch of a lifetime-a magnificent 10-pound bass.

"Hey," St Peter exclaimed, I thought you planned to punish him!"

The Lord shrugged and with a smile, asked, "So who can he brag to?"

LIFE GOES BY QUICKLY

Life goes by quickly. So do what you can today, as you can never be sure whether this is your winter or not! You have no promise that you will see all the seasons of your life, so live for today and say all the things that you want your loved ones to remember, and hope that they appreciate and love you for all the things that you have done for them in all the years past!